

# Eco School and Warriors

## An Eco Warrior at their best!

This week, our special eco warrior from 3 Ash, Madina Abdul Shakkur has given us an 'exclusive interview' all about her incredible planting journey during the summer holidays.

Madina, who is a keen gardener, started her planting journey from an early age with her mum who also has a love for planting and growing their own food.



Last year, at the School Summer Fayre, Madina bought a tomato plant from the Eco stall and added it to her garden. She took great care of it and ensured that she watered it twice a day, especially in the horrid heat! The tomato plant flourished in the sun and with all the attention Madina gave to it. Each morning she would excitedly check it out to see if it had grown. Amazingly, the plant grew a little every day and just got 'bigger and bigger!' Soon the plant was getting too big and Madina, with her mother, moved the plant into a larger pot and added stakes to support the enormous tomato plant!

The tremendous plant gave lots of delicious tomatoes which Madina and her family, including her lovely aunt enjoyed for lots of special lunches in the holidays.



She has always enjoyed planting and has grown a variety of different plants such as roses, potatoes, strawberries and even chillies! Creative as ever, Madina would even use the fallen petals of the flowers to make unique, pretty hair clips!

'The Enormous Tomato' plant!

Madina just loves the feeling of excitement planting gives her. "Every day is as exciting as getting a present-you might get a fruit or vegetable popping it's head or ripening or the plant getting bigger and bigger!"

She would recommend everyone to start planting 'to help them eat healthily' by growing your own organic food, "You will feel so proud and healthy-to grow something from a small seed to a fully grown plant!"

Hopefully, this will inspire many of you to begin your very own planting journey and share 'tips and tricks' with everyone.