



Uplands Junior L.E.A.D. Academy
A L.E.A.D. Academy

SEND parents coffee morning

How to help your child with reading





What we do to support your child in school if they are struggling with reading:

- KTC phonics groups
- BRWP
- 1:1 daily reading
- Precision Teaching on sight words
- Reading Rocketeers
- Language for thinking
- Flash Academy

The power of reading for academic achievement

- Based on reading skills data for 712 pupils aged 11 to 14, young people who read daily in their free time are twice as likely to read above the level expected for their age than children who don't read daily (37.6% vs 14.2%) (National Literacy Trust)
- Results from the [world's largest annual study of student reading habits](#) found that students who started the year as struggling readers but ended the year at or above benchmark each day read just **six more minutes** than struggling readers who did not meet benchmark.
- An analysis of more than 9.9 million students found that only those students who read [15 minutes or more](#) per day made **accelerated reading gains**.
- Some researchers estimate that children learn 1 new word for every 1,000 words read.

The power of reading for wellbeing

- Studies have shown that those who read for pleasure have higher levels of self-esteem and a greater ability to cope with difficult situations. Reading for pleasure was also associated with better sleeping patterns.
- Adults who read for just 30 minutes a week are 20% more likely to report greater life satisfaction.
- Studies have found that reading for pleasure enhances empathy, understanding of the self, and the ability to understand one's own and others' identities.
- Participation in shared reading groups is linked to enhanced relaxation, calmness, concentration, quality of life, confidence and self-esteem, as well as feelings of shared community and common purpose.
- [2\) How to do Paired Reading – YouTube](#) Keith Topping (Dundee University)

Let's put it into practice

- Your turn to have a go with your child

Any questions?

- Handouts



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