



We kicked off the week by coming together to understand what it means to 'Grow Together': that we all have challenges and sometimes need support to overcome them. We also discussed how it is important to be the support for someone else too. We watched parts of the Place2Be virtual assembly where some famous faces discussed who support them.

 <p>Dr Alex George Presenter, author, YouTuber, doctor, and UK Youth Mental Health Ambassador.</p> <p>WATCH NOW</p>	 <p>YolanDa Brown Saxophonist, composer, broadcaster and Place2Be Champion, known for her work on CBeebies.</p> <p>WATCH NOW</p>	 <p>Jacob Anderson Actor, singer, songwriter and Place2Be Champion, known for his roles on Game of Thrones and Doctor Who.</p> <p>WATCH NOW</p>
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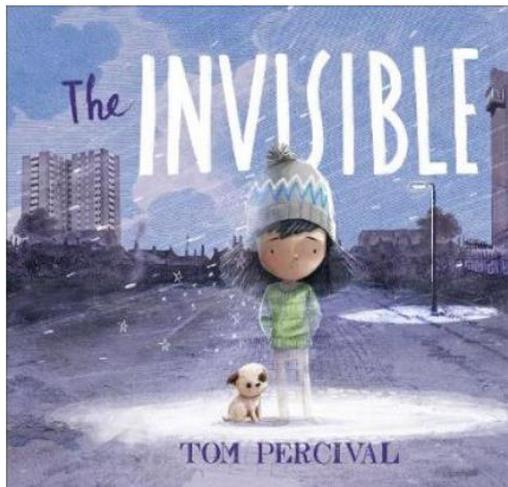


VIRTUAL ASSEMBLIES
FOR PRIMARY AND SECONDARY SCHOOLS

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 <p>Mandip Gill Actor, known for her roles in Doctor Who and Hollyoaks.</p> <p>WATCH NOW</p>	 <p>Andy Lewis MBE European, World and Paralympic Champion, youth mentor, and Place2Be Champion.</p> <p>WATCH NOW</p>	 <p>Sky Brown World's youngest professional skateboarder, youth mentor, and Team GB's youngest Olympic medalist.</p> <p>READ MORE</p>
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In our classes, we got creative and produced some beautiful representations of what it means to Grow Together.



Year 3:
We read The Invisible and decided that we wanted to make a class plant. All the children made a tile for the plant pot and they are the flowers blooming from the plant because they 'growing together'. The children and their friends wrote down their wonderful qualities on each petal.



Year 4:

We also read *The Invisible* and decided that we wanted to explore the strategies we use to help ourselves grow. The droplets falling into the well symbolised the class coming together to support each other to grow.



Year 4 also created their own support balloons showing who supports them when times get tough.



Year 5:
Year 5 created a wellbeing wall of stars which talk about what each child does to help themselves look after their mental and emotional wellbeing.

Year 6

Year 6 children took part in lots of discussion around how they can look after their mental health and how they can grow individually as well as helping others to grow too. They did a 'no pens' Friday to finish off the week to take the pressure off recording their work.



To finish the week, on Friday, we all came together in an explosion of colour and self-expression with a Dress to Express day. As you can see, the children all put in a fantastic effort to showcase their favourite outfits and messages for positive mental health. Thank you parents and carers for helping them put together the outfits. We raised an incredible £341.15 for Place2Be which will help them continue to support Children's Mental Health.