



# PE Newsletter

Summer 2019

## PE Message

Many thanks to all the parents, carers and children for making this year one of our busiest years at Uplands since we became an Academy. Without the support of parents in letting children participate in fixtures and competition we would not have been able to meet the team requirements.

I would also like to say a huge thank you in helping raise the profile of PE by ensuring that children wore the correct PE kit for their lessons.

Starting from September 2019, this newsletter will hopefully be created by the children of Uplands Junior LEAD Academy.



## Summary of PE this academic year...

### Curriculum

- All children have now been timetabled 2 hours of Physical Education, in line with government recommendation.
- Children across the school have had the opportunity to participate in a variety of sports led by outside agencies. These include - tag rugby, skipping henry, Judo.

### Extra curricular clubs

- We have increased the number of extra curricular clubs run within the week.
- More children are participating in extracurricular clubs.

### Competitions

- We have held over 20 different intraclass tournaments (competitions within the class).
- Sports Day athletics was very successful. All children took part over a series of 4 mornings. Congratulations to the following classes for winning their day – 3SR, 4TW, 5TC and 6CR.
- 12 interschool competition entered run by the Leicester school sports partnership.

### Visits

- 32 children from years 5 & 6 attended the Govilon residential trip in June.
- 12 Children attended the World Badminton Championships at Birmingham Arena.

### PE Website

- The new PE website is now up and running. We are hoping to get a twitter feed for PE soon, so watch this space.

## Dates for your Diary

June	Year 6 LEAD Athletics Day
<b>25</b>	
July	Dance Show – Everyone is welcome
<b>1</b>	
July	Sports Presentation night
<b>8</b>	
July	Year 5 Swimming gala
<b>9</b>	



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## Important Notices

- **Dance Show** – Please come along to Uplands first dance show on Monday 1<sup>st</sup> July at Highfields Centre. Doors open at 3.30pm. The show will start at 4pm. We aim to finish by 5.30pm. Tickets sold in advance £1.50 per adult / 50p per child (5 +). On door price £2 per adult / £1 per child.
- **Sports presentation night** – On Monday 8<sup>th</sup> July, some children at Uplands will be invited to Sports presentation night to celebrate their achievements throughout the year
- **PE Website** – Please familiarise your self with the PE website. Here you will find all details about the curriculum, fixtures & competitions and news relating to the PE Curriculum area.
- **Outside Achievements** – If your child deserves recognition for a sporting achievement outside of school, they are more than welcome to bring in their trophy / medal. Their picture will then go onto the school website.

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## Next academic year

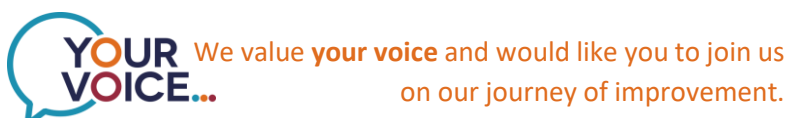
- **Current year 6** – I wish you all the best in your journey to your secondary school. You have been a delight to teach and some have shown great talent in a variety of sports.
- **All remaining children** – The PE timetable will be available on the website by the end of the summer holiday. It is vital that children are in correct PE kit. This consists of the UPLANDS Royal blue logo T-shirt, Black trousers / leggings or shorts and trainers. Should your child not have correct kit or they are unable to participate in PE, please ensure that a note is provided on the day of their PE lesson, We encourage parents who are considering getting their child's ears pierced to do so at the start of the summer holiday to allow time for them to heal. Children will not be allowed to participate in PE with jewellery on. I wish you all a safe summer break.

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## PE Surveys (All available on the website)

If you have a few minutes to offer your feedback, I would be grateful if you could complete the surveys which apply to you.

- **Parental Survey 2018/2019**
- **Children PE Survey 2018/2019**
- **Swimming survey – Year 6**
- **Swimming survey – year 5**



<http://www.uplandsacademy.co.uk/index.php/our-school/educational-visits/physical-education>

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## Opportunities for next year

- **Sports & Health Leaders** – We will be looking to training more sports leaders next year to assist with extra curricular clubs, lunch and break activities
- **PE Curriculum Council** – There is a new sports council being set up to help develop PE and School Sport.
- **Parent Sports Council (Provisional)** – Getting parents views on PE.

*If you are interested in any of these opportunities, and wish to apply before the summer holiday, please collect an application form from Mrs Wood / Reception.*



Above – Govilon Residential 2019