



### **Useful telephone numbers and websites of local support networks for parents.**

#### **School Nurse:**

Our public health school nurse is Louise Lester.

If you have a concern about a health issue you can call direct on: 0116 2153229 or come into school and the SENCo can support you to make a referral.

**SENDIASS Leicester** offers free information, advice and support for parents and carers of young people aged 0-25 with SEND and young people themselves.

[www.sendiassleicester.org.uk](http://www.sendiassleicester.org.uk) 0116 257 5027

#### **Useful websites:**

[www.autism.org.uk](http://www.autism.org.uk) - The National Autistic Society give useful advice to parents of autistic children, including an online directory which will pull together information according to your child's age diagnosis and where they live.

<http://cmsms.adhdsolutions.org> - ADHD Solutions are an organisation based in Leicester that was set up to provide information, help and support for children, young people, and adults with ADHD - Attention Deficit Hyperactivity Disorder - their families and anyone who supports them or works with them

[Anti-bullying Alliance](#) – gives useful information and advice about how to deal with bullying and the impact that bullying can have.

[British Dyslexia Association](#) - a useful website with information about dyslexia, assessment and identification, exam concessions etc.

[Council for disabled children](#) - Information, Advice and Support Services - IAS Services have a duty to provide information, advice and support to disabled children and young people, and those with SEN, and their parents. They are statutory services and are free, impartial and confidential.

[www.youngminds.org.uk](http://www.youngminds.org.uk) - Young Minds – a national charity committed to improving the mental health of all children, advice about depression, eating disorders, and other mental health issues affecting children, see website for details.

<https://www.gov.uk/government/publications/send-guide-for-parents-and-carers>

You can read or download the guide that explains how the system that supports children and young people with special educational needs and disability (SEND) works on this website.